COACHES INSTRUCTIONS PLEASE READ

- 1) Athlete names / numbers are printed on front of packet
- 2) Remove numbers/pins from packet
 - a. There may be more than just a bib number in packet. Major championship meets have at least 1 hip number also. There are 4 pins for every number.
- 3) Give all numbers to the assigned athlete
 - a. Athlete is to pin bib number to front using 4 pins, (included in packet)
 - b. If hip number is provided please pinto the side of shorts with 4 pins for camera identification on camera side
 - c. If 2 hip numbers then pin to both sides with 4 pins each

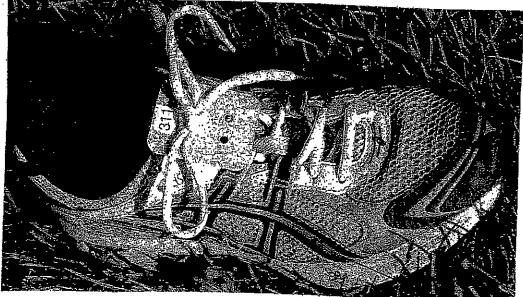
CHIP TIMING INSTRUCTIONS

- 4) Remove chips from packet
- 5) Give chip to athlete (chip number is the same as Bib number)
 - a. Again there may be more than 1 chip in packet. Regional Championship Meets will have 2 chips per athlete.
- 6) Chips are to be <u>TIED</u> into shoe laces. Single chip is to be tied into the **RIGHT** shoe. If 2 are provided then one chip for each shoe.
 - a. If you have shoes with no laces come see someone at the trailer/finish line for a fastening tie.
 - Please double knot your shoe to keep it from coming untied
 - i. In the case that you lose a chip or it is damaged please report it to the finish line with an approximate time of finish to help with identification in the camera.
- 7) Return all unused items (chips/numbers/pins) to the Registration Tent.
 - a. You will be charged for each Chip not returned. \$25.00 Each

NEO REGIONAL XC TOURNAMENT

Runners Instructions For Wearing Chips

- Chips will be used for processing results from today's race.
- Each runner will wear an assigned bib number on the front of their shirt and an assigned chip number on EACH shoe.
- Chips must be securely tied to each shoelace as shown below and the lace on each shoe should be DOUBLE KNOTTED to protect from losing the chips during the race.
- The assigned bib and chip numbers assigned to each runner must match. PENALTY: DISQUALIFICATION



- When you pick up your packet, return chips for runners that will not compete today.
- Chips will be collected in a bullpen area after the finish.

All chips must be returned!

If you do not run the race or if you do not finish the race-you must return your chips to the officials located in the Finish area bull pen.

There will be a see charged for each chip not returned. $$\#25^{\circ 2}$$